

Modular programme for Education and Training

EARLY CHILDHOOD EDUCATOR

M#4 Fundamental Movement Skills, Play and Motor Skill
Assessment

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Early Childhood Educator – Modular Education and Training programme



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Six Core Modules of EduPASS for Early Childhood Educators

The following are the proposed six core modules for Early Childhood Educators education and training programmes that were developed as part of the EduPASS Erasmus+ Project. The core modules should be seen as a flexible reference point which require contextual adaptation. Those individuals and/or organisations using the six core modules to develop learning opportunities for Early Childhood Educators should use the knowledge of their specific context to customise the modules to fit their needs, resources and objectives.

Each of the six EduPASS core modules proposed for ECE education and training programmes was developed building on the knowledge and insights, which can be found in the <u>European Quality Framework for Early Childhood Education and Care (ECEC)</u>. The ECEC describes the most important the proposal for key principles of a <u>Quality Framework for Early Childhood Education and Care (2014)</u>.

The respective module number and order in which the modules are presented in the table below do not indicate that modules must be introduced in this specific order, when implementing an Early Childhood Educator education and training programme. Rather the numbers simply serve as distinct denominators to help identify specific modules in the overall context of the EduPASS ECE education and training programme.

Core Module Overview

No	Module Title	Description
1	Daily Physical Activity and Play	The module teaches the theoretical basis of the concept of holistic development of children, focusing on changes experienced by children aged 3 to 6 years. It emphasizes the importance of physical activity and play in children's overall development and well-being and highlights the benefits of physical activity during childhood, as well as the potential risks of inactivity on overall health. Additionally, recommendations for children's physical activity levels, strategies for implementation, and the development of skills for assessing the recommended daily physical activity level for children are provided. Finally, a theoretical background for developing intervention programs aimed at improving children's daily physical activity levels is presented. It includes practical workshops and the development of skills for designing and implementing programs to enhance children's daily physical activity levels.



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2	Principles of Educating Children	This module aims to guarantee the comprehensive development of children through physical education. For this, different learning units, based mainly on the game, will be carried out such as: • motor stories • music, dance and movement • energetic games • games with balls • activities that involve balance, development of laterality, coordination and body awareness • manipulative and construction games				
3	Inclusive Teaching	 The module aims to: introduce the theoretical foundations of the concept of inclusion. This includes the legal background (e.g., UN Convention on the Rights of Persons with Disabilities and national legislation), the requirements and goals of inclusion, and didactic models, principles, methods, and strategies for inclusive teaching. provide opportunities to practically apply and reflect about the principles, methods, and resources of inclusive teaching using specific teaching/case scenarios. 				
4	Fundamental Movement Skills, Play and Motor Skill Assessment	 introduce the theoretical basics of the concept of fundamental movement skills and play and their importance for children. This includes the structure of fundamental movement skills, their role in children's development, and didactic principles and methods to promote fundamental movement skills and play. provide guidance on the practical use of the principles, methods, and resources of teaching/promoting fundamental movement skills and play. introduce both the theoretical knowledge and the practical skills to objectively measure fundamental movement skills of children using motor tests 				
5	Hands-on Teaching	This module is designed to enhance the practical skills of Early Childhood Educators through direct participation in learning activities. Through a handson approach, participants will develop key skills to foster high-quality interactions with children and create an inclusive learning environment. During the module, Early Childhood Educators will engage in interactive exercises and receive immediate feedback, allowing them to directly apply the pedagogical techniques learned to their educational settings. Strategies for observation and documentation, group dynamics management, and conflict resolution will be addressed, all focused on adapting pedagogical practices to the individual and collective needs of children.				



6 Plan, Reflect and Learn

The application of teaching skills, observation and effective decision making is essential to fulfil teaching PAMPS for early childhood and is a cross-cutting capability that should be developed in all ECEs at each stage of their development. The ECE plans, evaluates and reflects each practice and event seeking improvements. In addition, this personal evaluation and reflection underpin a process of ongoing learning and professional development. An important element of this process is the ECE's efforts to with other ECEs in the process.

Reflection plays a vital role in early childhood settings. It provides continuous professional development, support, and feedback for all members involved and gives ECEs a safe space to discuss challenging experiences and related feelings. It lays the groundwork for ongoing professional development through consistent self-reflection, community support, and emotional awareness. It's critical that educators can manage the feelings that come with stress to support children's development, communicate effectively with co-workers and families, and find job satisfaction.

Questioning what learning and development is taking place to make meaning of what has been observed is crucial for ECE. ECE students should be able to describe why the events are significant to the child and to describe why this experience was important for the child involved.



Core Module Structure

Core Module Hands-on Teaching						
Module Number	5					
Core Module Aim	 The aim of the core module is to: Enhance the practical skills of Early Childhood Educators through direct participation in learning activities, promoting quality interactions and an inclusive learning environment. 					
Module Description	This module is designed to enhance the practical skills of Early Childhood Educators through direct participation in learning activities. Through a hands-on approach, participants will develop key skills to foster high-quality interactions with children and create an inclusive learning environment.					
	During the module, Early Childhood Educators will engage in interactive exercises and receive immediate feedback, allowing them to directly apply the pedagogical techniques learned to their educational settings. Strategies for observation and documentation, group dynamics management, and conflict resolution will be addressed, all focused on adapting pedagogical practices to the individual and collective needs of children.					
Module Duration	30 hours					
Facilities and Equipment	A flexible classroom, practice room, gym, audiovisual technology, educational materials, and internet access					
Methodology	Methodology includes interactive practical activities, immediate feedback, simulations in real environments, observation and documentation, group dynamics management, and conflict resolution, fostering the adaptation of pedagogical practices to the individual and collective needs of children, specifically aimed at early childhood education professionals.					
Coaching Materials	Didactic materials, audiovisual technology, educational toys, manuals, mobile whiteboards, and internet access for early childhood educators.					
Essential Readings	 Dietze, B., & Kashin, D. (2018). Playing and learning in early childhood education. Pearson Canada. Link: https://www.pearson.com/en-ca/subject-catalog/p/playing-and-learning-in-early-childhood-education/P200000010198/9780137674244 Fellowes, J., & Oakley, G. (2011). Language, literacy and early childhood education. Oxford University Press. LeeKeenan, D., & Ponte, I. C. (2019). From survive to thrive: A director's guide for leading an early childhood program. National Association for the Education of Young Children. Washington, V., Gadson, B., & Amel, K. L. (2015). The new early childhood professional: A step-by-step guide to overcoming Goliath. Teachers College Press. 					



Evaluation	EduPASS Evaluation Tool for Early Childhood Educator Programmes				
Module structure (each module requires AT LEAST 2 courses)	Course 5.1: Fundamentals of Praction 4 h Lecture Teaching 2 h Seminar Teaching 2 h Workshop/Pract 2 h Self-Directed Work Course 5.2: Practical Strategies in the 2 h Lecture Teaching 2 h Seminar Teaching 4 h Workshop/Pract 2 h Self-Directed Work Course 5.3: Continuous Improveme 2 h Lecture Teaching 4 h Workshop/Pract 4 h Workshop/Pract 4 h Workshop/Pract 4 h Self-Directed Work 5 h Self-Directed Work 6 h Self-Directed Work 7 h Self-Directed Work 8 h Self-Directed Work 9 h Self-Directed W	g Units ing Units cical Teaching Units orking hours he Classroom g Units ing Units cical Teaching Units orking hours ent and Evaluation g Units cical Teaching Units			
Learning outcomes for Early Childhood	The module will enable the Early Childhood Educator in training to build the following competencies (knowledge, skills, attitudes, values) which serve as a foundation when engaging with the children they teach:				
Educators	 Knowledge: Theoretical foundations Inclusive education principles Observation and documentation 	Skills:			
	Attitudes: ECEs in training will have engaged in activities that foster development of the following attitudes when engaging with children they teach:	Values: ECEs in training will have engaged in activities that foster development of the following values when engaging with children they teach:			
	EmpathyRespectLifelong learningReflective practice	Inclusive, ethical practiceCommunity engagement			
Learning outcomes for children/learners	The module will enable the Early Childhood Educator in training to support the children they teach to develop the following competencies (knowledge, skills, attitudes, values):				
joi cimarenyieurners	Knowledge:Holistic developmentInclusion and diversity	Skills:			
	Attitudes: Children will have engaged in activities that foster development of the following attitudes when engaging in PAMPS activities with other children:	Values: Children will have engaged in activities that foster development of the following values when engaging in PAMPS activities with other children:			

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	 Empathy Respect Curiosity and motivation Resilience and perseverance Inclusivity Responsibility Ethics and honesty 				
Module Outcomes action oriented outcomes and results for	 The educator will have taken the first step towards being able to: Develop practical pedagogical skills through interactive learning activities, fostering high-quality interactions with children. Create inclusive learning environments that respect the diversity of children's backgrounds and needs. 				
educators (based on Quality Statements from EU Framework for Early Childhood Education and Care, 2014)	 Learn effective observation and documentation strategies to support individual and group needs. Address group dynamics management and conflict resolution techniques, promoting a harmonious learning environment. Adapt pedagogical practices to the individual and collective needs of children, ensuring a personalized learning experience. Foster collaboration among educators, children, colleagues, and parents, strengthening trust and shared understanding within the educational community. Receive immediate feedback on their practice, allowing them to integrate new techniques and strategies directly into their teaching. promote a collaborative approach to the curriculum, where they reflect on 				
Connection to other Core Module	Module 2: Principles of Teaching Children				



Course Structure

Course Title	Fundamentals of Practical Teaching			
Course Number	5.1			
Course Description / Main Objective	Understand and implement key concepts of child development and inclusive education. Communicate effectively and manage classroom dynamics, fostering a collaborative environment.			
Course Structure (each module requires AT	L	4 h	Teaching Unit 1: Introduction to Practical Teaching and Child Development	
LEAST 2 Teaching Units)	W	2 h	Teaching Unit 2: Principles of Inclusive Education	
	S	2 h	Teaching Unit 3: Observation and Documentation techniques	
	SDL	2 h	Teaching Unit 4: Independent Learning and Practical Application	
Course Content (examples of specific Course Content based on EduPASS LTT workshops are shared as separate	TU 1	• Theo	oduction to practical teaching in Early Childhood cation ories of child development and their application in the sroom e studies: Successful teaching practices	
slide decks)	TU 2	 Principles of inclusive education Effective communication in practical teaching Reflection and self-assessment of current pedagogical practices 		
	TU 3	• Sim	servation and documentation techniques ulations: Applying development theories in cational environments	
	TU 4		eloping personalized learning plans luating classroom strategies	



Course Title	Practical Strategies in the Setting			
Course Number	5.2			
Course Description / Main Objective	Design and execute developmentally appropriate activities, utilizing innovative teaching tools. Demonstrate empathy, respect, and a commitment to continuous learning and reflective practice.			
Course Structure (each module requires AT	L	2 h	Teaching Unit 1: Designing Inclusive Educational Activities	
LEAST 2 Teaching Units)	W	4 h	Teaching Unit 2: Managing Group Dynamics and Conflict Resolution	
	S	2 h	Teaching Unit 3: Real-time Assessment and Feedback	
	SDL	2 h	Teaching Unit 4: Self-Guided Skill Enhancement and Empathy in Practice	
Course Content (examples of specific Course Content based on	TU 1	• Crea	gning inclusive educational activities Iting and testing educational materials Ploping an educational activity plan	
EduPASS LTT workshops are shared as separate slide decks)	TU 2	 Managing group dynamics and conflict resolution Role-playing: classroom conflict management Practical exercises in observation and documentation 		
	TU 3		l-time assessment and feedback techniques ctical exercises in observation and documentation	
	TU 4		lying tools independently sonal development through Self-Assessment	



Course Title	Continuous Improvement and Evaluation		
Course Number	5.3		
Course Description / Main Objective	Uphold high ethical standards, promoting inclusivity, and fostering strong connections with parents and the community		
Course Structure (each module requires AT	L	2 h	Teaching Unit 1: Continuous Improvement of Pedagogical Practices
LEAST 2 Teaching Units)	W / PE	4 h	Teaching Unit 2: Using Technology in Early Childhood Education
	SDL	4 h	Teaching Unit 3: Engaging Parents and the Community in the Educational Process
Course Content (examples of specific Course Content based on EduPASS LTT workshops are shared as separate	TU 1	• Stra	tinuous improvement of pedagogical practices in early dhood education tegies for evaluating and improving pedagogical ctices e studies: Successful teaching practices
slide decks)	TU 2	childUseEffe	efits and challenges of using technology in early dhood education ful technological tools for the early childhood classroom ctive integration of technology into the educational iculum
	TU 3	StracomExa	hods to actively involve parents in the educational cess itegies to strengthen connections with the nmunity imples of successful collaboration between the ool, parents, and the community